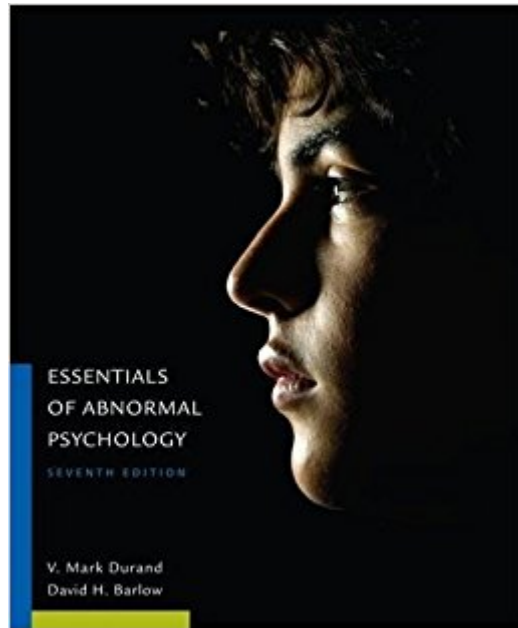




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# Essentials Of Abnormal Psychology



## Synopsis

Revised to reflect DSM-5, this briefer version of Durand and Barlow's widely used book fully describes abnormal psychology through the authors' standard-setting integrative approach--the most modern, scientifically valid method for studying the subject. Through this approach, readers learn that psychological disorders are rarely caused by a single influence, but rooted in the interaction among multiple factors: biological, psychological, cultural, social, familial, and even political. A conversational writing style, consistent pedagogy, and real case profiles--95 percent from the authors' own case files--provide a realistic context for the scientific findings of the book. In addition, these features ensure that readers never lose sight of the fact that real people are behind the DSM-5 criteria, the theories, and the research.

## Book Information

Hardcover: 704 pages

Publisher: Wadsworth Publishing; 7 edition (January 1, 2015)

Language: English

ISBN-10: 130509414X

ISBN-13: 978-1305094147

Product Dimensions: 1 x 10 x 12 inches

Shipping Weight: 3.2 pounds (View shipping rates and policies)

Average Customer Review: 4.3 out of 5 stars 140 customer reviews

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DSM Controversies & "Binge Eating Disorder" DSM

Controversies presents some of the contentious and thorny decisions made in the process of creating DSM-5. Examples include binge eating disorder and disruptive mood dysregulation

disorder. Discussing Diversity & Suicide & Self-Injury Discussing Diversity boxes are in every chapter, and include coverage of cultural and gender factors and differences as they relate to the expression of disorders. Topics include suicide and self-injury; and alcohol and drug use.

Topics Relevant To Your Life Coverage of prevention includes how to prevent eating disorders,

sleep disorders, substance abuse and dependence, suicide, antisocial disorders in children, and more. **Concept Checks Assess Your Progress** In addition, a one-page Chapter Quiz ends every chapter, providing a practice exam of key chapter content and serving as a mini-study guide.

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"The information in each chapter starts from the disorder and explains it very effectively. Then it goes on to incorporate case examples as well as the diagnostic criteria for the disorder. Few books present this material in such a detailed fashion. It further presents research information, statistical facts, medications, and side effects for the particular diagnosis. Treatment information and the client/ therapist interaction are also included." "It is one of the most effective and accessible presentations of the scientific evidence related to psychopathology in the textbook market."

V. Mark Durand is known worldwide as an authority in the area of autism spectrum disorders. He is a Professor of Psychology at the University of South Florida St. Petersburg, where he was the founding Dean of Arts and Sciences and Vice Chancellor for Academic Affairs. Dr. Durand is a fellow of the American Psychological Association and has received over \$4 million in federal funding to study the behavior problems in children with disabilities. Previously he served in a variety of

leadership positions at the University at Albany, including founder of the Center for Autism and Related Disabilities. He received his B.A., M.A., and Ph.D. (all in psychology) at the State University of New York (SUNY) Stony Brook. Dr. Durand received the University Award for Excellence in Teaching at SUNY Albany in 1991, and the Chancellor's Award for Excellence in Research and Creative Scholarship at the University of South Florida St. Petersburg in 2007. Currently a member of the Professional Advisory Board for the Autism Society of America, he is the co-editor of the Journal of Positive Behavior Interventions and has written 10 books as well as over 100 publications on functional communication, educational programming, and behavior therapy. Dr. Durand developed a unique treatment for severe behavior problems that is used worldwide. Most recently he developed an innovative approach (Optimistic Parenting) to help families work with their challenging children. He was named a 2014 Princeton Lecture Series Fellow and received the 2015 Jacobson Award for Critical Thinking from the American Psychological Association for his body of work in the field of autism spectrum disorder.

David H. Barlow is an internationally recognized expert and leader in clinical psychology, having pioneered many treatments and investigations in anxiety and mood disorders. Currently Professor Emeritus of Psychology and Psychiatry at Boston University, Dr. Barlow is also founder and Director Emeritus of the Center for Anxiety and Related Disorders, one of the largest research clinics of its kind in the world. Previously, he was Distinguished Professor at State University of New York at Albany. From 1975 to 1979, he was Professor of Psychiatry and Psychology at Brown University, where he also founded the clinical psychology internship program. From 1969 to 1975, he was Professor of Psychiatry at the University of Mississippi Medical Center, where he founded the Medical School psychology residency program. Dr. Barlow received his B.A. from the University of Notre Dame, his M.A. from Boston College, and his Ph.D. from the University of Vermont. He is the recipient of a Lifetime Achievement award from the American Psychological Association as well as the James McKeen Cattell Fellow Award from the Association for Psychological Science, which honors individuals for their lifetime of significant intellectual achievements in applied psychological research.

Lots of info and includes stories and backgrounds on both of the author's own experiences with certain cases. Easy to read even though it's a lot of pages. It's interesting enough.

Brought as required textbook for UC San Diego PSYC100: Clinical Psychology. Used the textbook for the entire quarter with the class. This text provides a comprehensive overall approach to understanding the different forms of brain disorders from anxiety to eating disorders. In addition,

there were brain disorders that I had not even heard of as well. It is a great text for class or to gain a further understanding on abnormal psychology and the field of clinical psychology.

I do not often review my textbooks, but this one was particularly well written. It does seem to be written toward the DSM-4, not the DSM-5, so you may want to pick up the DSM-5 Desk Reference (if not the full manual) to go with it. I'm nearly finished with my Associates and this is one of only 2 textbooks that I've decided to keep even after my courses are over.

This was an upper level PSYCH course and the book standard. No complaints. In fact it's very easy to read, the language seems almost high school. I bought the E-Book for the IPAD and it's fantastic. Cheaper, weighs nothing, bring it EVERYWHERE so you can access it whenever. No more than I wish I had my class book right now....Kindle account can be accessed from any computer BTW. The only downside is you can't sell it back...But I never sell my books back anyway. I like them on my bookshelf and hate being made a sucker by the bookstores. I only ever sell to friends for the price the book store would buy my book from me.. not the inflated price they resell it at and make huge profit. Also a few of the pictures did not transfer into the E-book due to copyright issues so once in a while you'll miss a picture of Sigmund Freud or whatever but all of the book diagrams are there just not photos all the time. It's 20- 80 dollars cheaper for e-books so really the iPad pays for itself quickly and is very versatile.

I got this book for my abnormal psychology. I borrowed a copy from the library for a week and then knew I had to BUY the book. This is definitely one I will put on my shelf and continue to refer to in the future. It includes the DSM-5 for many conditions and is an easy read. The authors go out of their way to convey the message. Their information is clear and easy to relate to. My teacher swears by this book and now I do as well! :)

Out of all my text books for school, this is the one that I enjoyed the most. The information is up to date and relevant to what is actually going on in the world. There are questions throughout each chapter to review the section you just read and also there are questions at the end of each one to summarize the reading as a whole. I definitely think this helped me to get such a good grade in this class. I didn't feel as if I was spending the whole time studying taking notes since the study guides are so helpful. I learned more about myself in this class than any other that I have taken.

Not needed for your class

If you can move beyond the stereotypical troubled Goth girl cover photo, this book is a fine one. It was assigned for my Abnormal Psych class in college and was one of the textbooks I actually read (almost) all of and enjoyed. It begins each chapter with an example that it follows up on throughout the chapters. Good section arrangements, good visuals. If you do not have a psych background, there is an intro chapter that's a good start.

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